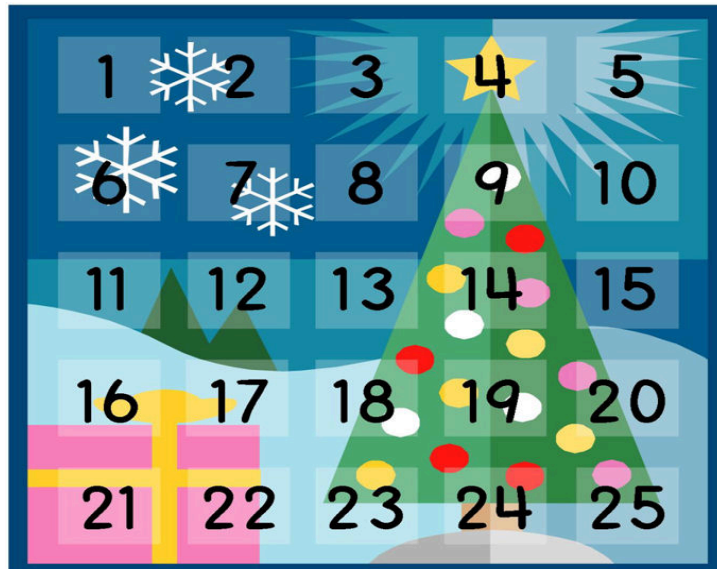


Reverse Advent Calendar



Put something IN to your Advent Calendar this year...

Instead of taking chocolates or toys out of a store-bought calendar this year.... REVERSE your Advent calendar.... And put something IN each day.

The principles are simple:

Spend time each day before Christmas considering the hunger and hope of your neighbors. Each day, take something OUT of your pantry and put it IN to a basket set aside to serve as your Advent calendar.

After Christmas, we'll be donating the baskets to H.O.P.E. food pantry. See the other side of this flier for suggested pantry items and a suggestion for daily prayer practice. ☺

Current pantry NEEDS at H.O.P.E. :

Shelf-stable Milk
High Protein Foods: tuna, chicken, salmon, beans
Canned fruits and vegetables
Whole grain cereals
Whole grain pasta
Brown rice
Soups, chilies and stews
100% juice
Unsaturated Cooking Oils
Toilet Paper

25 Days of Prayer...

Consider learning about and praying for one of each of these services/ministries each day of Advent...

NW Housing Alternatives
Janus
H.O.P.E.
King's Cupboard, Milwaukie, OR
West Linn Food Pantry
The Father's Heart Street Ministry
Clackamas Service Center
Wichita Center for Family and Community
Oregon Food Bank
Potluck in the Park
Backpack Buddies
Clackamas County Meals on Wheels
Gleaners of Clackamas County
William Temple House
Union Gospel Mission
Loaves and Fishes
Portland Rescue Mission
All Saint's Episcopal Hot Meals on Woodstock
Esther's Pantry, Milwaukie
The Gateway Center of Portland
Dorcas Society, Gladstone
St. Mark's Lutheran Church Food Pantry, Portland
Emmanuel Presbyterian Church, West Linn
Unity, West Linn
West Linn Lutheran Church